

Sermon Notes

Enduring Practices
Hebrews 10:19-25

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Endurance is aided by persistent action and persistent community

Draw near to God in sincere prayer

- C – Confess
- H – Honor
- A – Ask
- T – Thank

Hold on tight to hope

- [1. God's Great and Precious Promises](#)
- [2. Stamped with God's Image](#)
- [3. The Devil's Days Are Numbered](#)
4. An Heir of God
- [5. Your Prayers Have Power](#)
- [6. Grace for the Humble](#)
- [7. God Gets You](#)
- [8. Christ Is Praying for You](#)
- [9. No Condemnation](#)
- [10. This Temporary Tomb](#)
11. Joy Is Soon Coming
12. You Will Have Power
- [13. Justice Will Prevail](#)

Spur one another on toward love and good deeds

Positive Irritants

- Prayer
- Example
- Gospel
- Loving Words

It's easier to endure in community

Questions for Reflection/Discussion:

As always feel free to tweak, skip, or add questions to focus on areas you think most relevant to your group.

1. Have you ever had a gym membership? Did/do you use it? What makes it better than working out at home?
2. How does viewing corporate singing as prayer impact the way you engage in it?
3. Where do you find it most challenging to be sincere when you talk to God?
4. Analyze your current prayer life using the CHAT acronym, which element gets the most time? The least?
5. Are there any other categories of conversation that you find helpful to structure your prayer?
6. Read through the promise list from Max Lucado, which of these are you holding most tightly to right now? Why?
7. How can something be both irritating and positive at the same time? Did you resonate with the term? Why or why not?
8. Share about a time when someone has moved you toward love and good deeds by being a positive irritant.
9. If you needed to be moved toward love, what strategies would be most appreciated and effective toward that end?
10. What would you say to someone who is attempting to “do church” on their own? What benefits of a church community would you highlight for them?

Books Referenced This Week:

Prayer Coach – Jim Nicodem
Unshakable Hope – Max Lucado